



Alberta
Women's Institute
Girls' Club

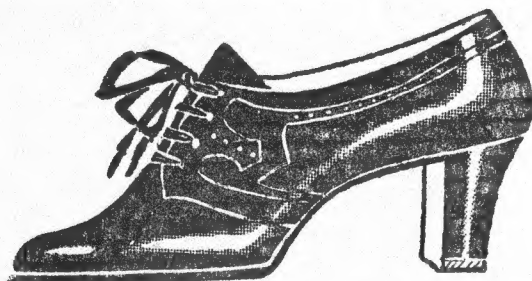


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1937

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Alberta Women's Institute Girls' Club



The A.W.I.G.C. Magazine

(Alberta Women's Institute Girls' Club)



STAFF

Editors Mrs. F. G. Grevett and Miss Jane Popham
Circulation Manager Miss Jean Moore
Sports Editor Miss Pearle McBride
Humor Editor Miss Jane Popham
Social Editor Miss Margaret Beveridge
Supervisor A.W.I.G.C.'s Mrs. E. J. Bell



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Mrs. E. J. BELL, Hussar, Alberta.
Provincial Supervisor of the Alberta Women's Institute Girls' Club.

FOREWORD

Our magazine staff presents the 1937 edition with the hope that you may procure and read a copy, and enjoy it as we have enjoyed preparing it. We have tried to give a faithful account of the work of the year just closing, and if we have made any errors or omissions, please pardon us; we have tried. Now we hope that every one of the W.I. members and every member of the Girls' Clubs will buy a copy.

The staff and officers herewith extend sincere thanks to Mrs. F. G. Grevett for her assistance in helping to finance this movement and for the many hours of labour expended in our behalf. Thanks are given to every business man and firm that have advertised within these pages. We trust that the readers will show their appreciation by patronizing them whenever possible.

Thanks are also extended to Mrs. R. E. Wood, for her kindly interest and help; to Mr. Murray and the staff of the Agricultural School at Olds, for their part in making the annual convention there such a success, and to Mr. W. H. Fisher, of Edmonton, for his address and assistance on Sports Day.

May each club continue active, alive and vigorous, and have a wonderful time in and at every meeting.

M. C. B.

PRESIDENT'S MESSAGE

Dear Girls and Supervisor:—

Greetings to you all and best wishes for a jolly, prosperous and educational new club year.


We're hoping we will have a record-breaking attendance at the Convention in Olds next summer, so begin making plans right away for the raising of the necessary funds. Even with the trouble over getting transportation last summer, we had a larger registration than ever before, so we have high hopes for a grand Convention this next year.

Many of the former competitors for the Public Speaking Contest and Short Story Contest will be disqualified, due to the age-limit this year, so won't some of you other girls step in and help put our competitions over in a big way!


Some of you may be discouraged at the failure of the dreams you have had for your club. But over the hills the sun still shines, so dream a stronger, braver, better dream. And march on!

"You are the girl who has to decide
Whether you'll do it or toss it aside,
You are the girl who makes up your mind
Whether you'll lead, or linger behind,
Whether you'll try for the goal that's afar,
Or be contented to stay where you are.
Take it or leave it, there's something to do—
Just think it over, it's all up to you.

Best of luck to you all.



IN ALL YOUR BAKING
USE
Robin Hood
Flour
"Milled from Washed Wheat"





Miss BETTY THOMPSON
President A.W.I.G.C., Coaldale, Alta., 1936-37:

PRESIDENT'S ADDRESS

THE ADVENTURE OF LIFE

Happiness is going to waste all around us. We often forget to enjoy the beautiful and lovely things in nature because we have so much we feel is necessary to do.

You remember the story of Christ and His two friends, Mary and Martha. Mary, the girl who always had time to talk, and Martha, whose whole time was taken up baking the cakes and loaves and tidying up the home; and Martha sacrificed the privilege of listening to the most kingly guest who ever graced a home in any land or any country—because she saw only what had to be done.

It becomes our lot as ambitious girls to learn to put away the unimportant things and devote our time to those that are important. This has nothing to do with neglecting our duties; but somehow we always know what they are, and each one of us remember things which could easily have been left undone, and no one would be the wiser or better.

The winsome and clever girl of fifteen stands today where the limpid brook, with its narrow, silvery thread and flower-bordered banks, meets the brimming, full-bosomed river. To her the future appears so rosy, her dreams have just begun to form. The two watchwords of her life are freedom and sympathy—understanding for the perplexing problems facing her opening life.

A girl's way through life cannot be complete in itself. There must be friends along the way: those whom she may help and those without whom she could not be happy. The essential to permanence in friendship is unselfishness, and only sweet and true natures are endowed with the capacity for firm and enduring friendships. The gift without the giver is bare!

Twenty years ago the young girl found waiting for her a great variety of household duties, from which her successor now is free. Modern convenience has made wonderful forward strides—and who appreciates it as much as the modern girl? Girls of that bygone age were so less fortunate because of the bondage to stays, and many a willowy damsel fainted and pined away and was laid in her grave, all because of a foolish vanity which urged her to compress her lungs and crush her waist into the semblance of an hour glass.

Girls now study personal hygiene and are well aware of the folly of wearing anything which will hinder their natural growth. Girls are taller than their predecessors; have a broader chest measurement; their hands and feet, though well-proportioned, are larger than was once fashionable. We have learned that life means service, and service requires fit equipment. Outdoor exercise and freedom; a useful beloved hobby; a study of the future problems that may perhaps beset us; these things make the modern girl what she is. Everyone owes it to her period, to her generation, to magnify her own office of light-bringer.

We often speak of the waste and extravagance of the immense wealth buried away in the vaults of the world which could be bringing happiness to so many people if it could only be released. But, isn't it true, that we do the very same thing with our own gifts? We lock up our capacity for happiness and wonder why we have so little. No day has to be unimportant. We will find some reason for being glad if we want to, and if we know how? We have to be educated at discovering happiness just as much as we do in singing songs or painting pictures.

But all that we need for this education is a love of life and living; a lilt in our heart and a smile in our eyes. Be glad that you are alive! Be gay and merry, even if you have a twisted pain in your heart because a dream got broken. If you are gallant and gay, when it is hard to be gallant and gay, you have won a battle.

Let's fling our hearts as high as our heads. Accept life's challenge. Take the gifts that it brings, and give it the ones that you have. Don't bottle up a dream in one jar, a laugh in another, a song in another, and put them away in an amber bottle and a green bottle and blue bottle until the day that you will need them. Use them now! And you will be surprised how they will multiply.

Life can't defeat us! Not when we laugh at it and look at it as a great adventure.

BETTY J. THOMSON.

Greetings from Mrs. R. E. Wood

Stony Plain.

My dear Girls:—

Another year has rolled around and you are meeting at Convention at Olds again. It seems very queer for me not to be planning to go, too. Instead I am packing my suitcases to leave tomorrow night for a trip to British Columbia. I certainly would like to see all of you and also to visit the Convention, if for just a few hours, but circumstances do not permit it this year. But I will be thinking of you often between July 7th and 10th, and endeavouring to picture you in my mind's eye. I have a copy of your splendid programme, and I am sure you will find it enjoyable and profitable.

I have watched the papers closely for accounts of the clubs during the past year, and some of the girls and your Supervisor have kept me informed now and then of how things are going, and I have greatly enjoyed hearing of your work. You are all very dear to me and I am pleased to know your work is going on so well. May the W.I. Girls' Club work long continue to prosper.

To all of you I send greetings and love and best wishes that your 1936 Convention may be the best you have ever had; that many clubs will be in attendance, and great pleasure and help gained by every delegate.

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REPORT OF THE OLDS ANNUAL CONVENTION

The Sixteenth Annual Convention of the A.W.I.G.C. met at the Olds School of Agriculture, July 7th, 8th, 9th and 10th, 1936, with the president, Miss Betty Thompson in the chair.

Following the singing of "O Canada" and the Club Code read in unison, Miss Thompson extended greetings. She spoke briefly on the "Pursuit of Happiness", comparing the modern girl and her Victorian grandmother. Her closing message was, "Life cannot defeat us if we laugh at it."

Mrs. E. J. Bell, of Hussar, Provincial Supervisor of the A.W.I.G.C., spoke briefly on "Being Prepared."

The minutes of the 1935 Convention were read and adopted. The treasurer's report, seconded by Muriel Lee, of Standard, was adopted as read. In the absence of Mary Morrison, Miss Jane Popham was elected secretary-treasurer pro-tem.

Supervisors present included Mrs. Slinn, Calgary; Mrs. Wirt, Standard; Mrs. Stranburg, Hughenden, and Mrs. Mitchner, Balmoral, who spoke briefly on their work with Girls' Clubs.

The Publicity Convenor's report was then presented by Jane Popham.

Committees were then appointed by the president as follows:

Handicrafts—Muriel Lee, Standard.

Entertainment—Agnes McKerrow, Coaldale.

Resolutions—Marie Clark, Hughenden; Marion Neilsen, Standard; Eva Jones, Cluny.

Sports—Pearle McBride, Endiang.

Banquet—Betty Hazzlet, Red Deer; Doris Loff, Red Deer; Avis Eaton, Leduc.

Nominations—Dorothy Reiter, Turin; Dorothy Orcutt, Coaldale; Bernadette Gillen, Macleod.

Greetings from Mrs. R. E. Wood, former Supervisor of A.W.I.G.C., and Mrs. Esther, former President, were then extended by Mrs. Bell and Miss J. Moore.

Groups for Demonstration Classes were as follows:

Group 1.—Miss McIntyre, of O.S.A. staff—Making of Creams and Lotions.

Group 2.—Miss Switzer, of O.S.A. staff—Making of Bound Button-hole, Smocking, etc.

Group 3.—Miss F. Current and Miss J. Popham—Crepe Paper-Paste Articles, Cellex Flowers.

Following dinner, Mr. H. Fisher gave a splendid talk on "Klondike Experiences."



The annual masquerade party and amateur night was held in the Gym. on Tuesday evening. Costumes were varied and pretty, prizes being awarded.

In the amateur contest, Agnes McKerrow, of Coaldale Club, was awarded first place, and Elva Easterbrook, of the same club, second place. Entries were: Coaldale 2, Balmoral 1, Barons 1, Standard 1, Millet 1, Centre Valley 2, Munson 1, Hussar 2, Cluny 1.

WEDNESDAY, JULY 8th

Wednesday session opened with a sing-song, led by Agnes McKerrow, with Anola Thompson as pianist.

District reports were then read by the directors:

Kay Fulcher's report of Districts 1 and 2.

Irene Street's report of District 3.

Florence Current's report of District 4.

As there was no discussion on these reports, the Convention adjourned to class groups for demonstrations.

Special speakers at the afternoon session were: Miss Pepper, of the Department of Agriculture at Ottawa; Mrs. J. P. Ferguson, of Trochu, President of the Alberta Women's Institute, and Miss Brighty, of the Department of Health, Edmonton.

At 2.30 the annual sports day competition took place, with Miss Pearle McBride, of Endiang, being awarded first place, and Esther Costella, of Standard, second place. Mr. H. Fisher was in charge of the sports, and prizes were awarded as follows:

High Jump (senior)—E. Costella, Standard; F. Current, Manyberries.

High Jump (junior)—Pearle McBride, Endiang; Evelyn Gustavsen, Hussar.

Ball Throw—P. McBride, Endiang; F. Current, Manyberries.

Plain Race—Dora Stewart, Hughenden; Avis Eaton, Leduc; Ruth Teague, Penhold.

Race (senior)—Millicent Broughton, Hughenden; Esther Costella, Standard.

Race (junior)—Evelyn Gustavsen, Hussar; Pearle McBride, Endiang.

Broad Jump (senior)—Esther Costella, Standard; Eva Jones, Cluny.

Broad Jump (junior)—Pearle McBride, Endiang; Evelyn Gustavsen, Hussar.

The annual public speaking contest for the Nellie McClung trophy was held following dinner.

Anola Thompson, of Coaldale, was awarded first place, choosing as her subject, "A Prominent Canadian Woman—Nellie McClung." Agnes McKerrow, of Coaldale, was awarded second place, speaking on "The Value of Free Radium to Cancer Sufferers." Other speakers of the contest were Gertrude Kincheloe, of Bentley, speaking on "The Advantage of City Schools Over Rural Schools", and Margie Craig, of Bentley, "A Prominent Canadian Woman—Edna Jacques."

An interesting programme of music and reading followed the public speaking contest. Evening lunch was then served.

THURSDAY, JULY 9th

The session opened with a sing-song.

A discussion of the scholarship project was led by Mrs. Bell. The project will have to be dropped if more interest is not taken.

The magazine staff was then elected, Margie Beveridge, of Calgary, taking the place of Agnes McKerrow as Social Editor, and all others of the staff remaining the same. Miss Muriel Lee, of Standard, was chosen to be the Club Librarian in place of Della Kosek, of Lethbridge.

Mrs. Bell announced the winners of the short story contest, Heather Allan, of Coaldale, being awarded first place for her story "Barry", and Lois Cassidy, of Coaldale, second, for her story "Call it a Day."

The best report prize was awarded to Gladys Sorgard of Turin, secretary of the Turin Toilers' Club.

Special speakers of the afternoon session included Miss McIntyre, of the College staff, who gave a helpful address on "Personal Relationships."

Mrs. Elizabeth Sterling Haynes, of the Department of Extension, Edmonton, then gave an interesting lecture on "Dramatics", or "Theatre" as she referred to it. Several play suggestions were given, including "The Romancers", "Babouska" and "The Romance of the Willow Plate", a Chinese play.

The Art and Novelty exhibit was a feature of the afternoon session. Prizes were awarded to—

Calgary Club—for best quilt.

Standard—for best cushion M. Rasmussen.

Standard—cut work embroidery—M. Rasmussen.

Barons—novelties—J. Popham.

Calgary—woollen work—G. Ridgeway.

The annual banquet was held in the dining hall of the College. Invited guests included: Mr. and Mrs. Murray, Mr. Fisher, Mr. and Mrs. Kemp, Miss McIntyre, Miss Goodall, Mr. and Mrs. Benn, Miss Switzer, Mr. R. Faulkner, and Miss J. Kerker.

Mr. Fisher presented the prizes and trophies.

A toast to the King was responded to by singing "God Save the King." Miss J. Moore proposed a toast to "Our Annual Convention," responded to by F. Current. A toast to "Our Location," proposed by Jane Popham, was responded to by Mr. J. Murray, Principal of the College.

Following the banquet programme, which included several vocal solos, and a violin solo by Miss Kerker, the girls were entertained at the Mayfair Theatre, where the movie "Anne of Green Gables" was much enjoyed.

FRIDAY, JULY 10th

The closing session of the 1936 Convention was given over to resolutions, election of officers and other routine business. The resolutions adopted were as follows:

1. Resolved that letters of greeting be sent to Mrs. Wood, Mrs. Nelson, Miss Morrison, Mrs. Rodell, Mrs. McClung and Miss Murphy.
2. Resolved that the A.W.I.G.C. adopt the plan of studying Alberta's natural resources in co-operation with the W.I.
3. Resolved that the Girls' Clubs in District 4 take their part in the drive for Radium Fund in District 4.
4. Resolved that gifts of appreciation be given to members of the staff who helped in making our Convention such a success.

It was decided to present a small gift of appreciation to Mrs. Grevett who edited our club magazine.

It was decided to hold the 1937 Convention at Olds, the dates to be set later by the executive.

In the election of officers, the directors were re-elected, and Miss J. Popham elected as secretary-treasurer.

The room prize was awarded to Dorothy Reiter, of Turin, and the camp prize to the Hussar Club.

The annual treasure hunt then brought the happy Convention to a close.

A. JANE POPHAM,

Secretary-Treasurer.

EXECUTIVE MEETING - JULY 10th

1. Motion adopted to combine office of publicity convenor and secretary-treasurer.
2. Motion adopted that all expenses of club officers be paid, including conference expenses.
3. Muriel Lee, of Standard, chosen as librarian.
4. Gifts were to be sent to retiring officers (Miss Morrison).

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Financial Report for Year Ending Aug. 1st, 1936.

DUES

Amisk	\$ 1.25
W. Garden Prairie, Barons	3.75
E. Garden Prairie, Barons	2.50
Centre Valley, Bentley	5.25
Calgary	3.25
Czar Senior	4.25
Condor	2.50
Cluny	3.75
Coaldale (Kapitol Kids)	4.25
Endiang	2.00
Hussar	5.00
Irvine	3.00
Leslieville (Beaver Flats)	2.75
Leedale	4.00
Lomond	4.00
Weisenford, Millet	3.00
Manyberries	2.75
Milk River	2.75
Nightingale	2.50
Nemiscam	3.25
Picture Butte	1.75
Happy Glee, Rimbey	3.00
Seebee	2.00
Standard Junior	3.00
Stettler	3.00
Sedgewick	5.25
Waskatenau	3.00

\$ 86.75

STATEMENT

Membership	\$ 86.75
Scholarship	12.00
Magazine	5.45

\$104.20

Expense	3.08
Postage on Secretary Supplies to Convention42

\$100.70

RECEIPTS

Mary Morrison	\$100.70
Jean Moore (Magazines)	23.80
Dues—Standard	4.25
Dues—Balmoral	2.25
Scholarship—Balmoral	1.00
Muriel Lee—Show and Banquet	1.40
Mrs. Bell, Show and Banquet	1.60
Irene Street, Show20
Registration at Convention	32.50
Jean Moore, Magazines sold at Convention	2.00

\$169.70

EXPENDITURES

Kay Fulcher (Convention)	\$ 9.90
Irene Street (Convention)	8.90
Florence Current (Convention and Conference Demonstra- tion)	21.95
Jean Moore	2.25
Betty Thompson (Convention and Conference, Prizes)	30.85
Mrs. Bell (Prizes)	5.80
Mrs. Bell (Phone, Convention, etc. Expenses)	5.90
Board (Evening Lunch)	3.35
Board (Banquet Guests)	3.50
Board (Kay Fulcher, Jean Moore, Florence Current, Jane Popham)	12.00
Jane Popham (Convention and Conference Ribbons and Supplies)	20.50
Movie (For Convention Group)	16.00
Engraving (on Cups)	4.10
Cellophane (for demonstration)55
Stamps (at Convention)10

\$145.65

STATEMENT

Receipts	\$169.70
Expenditures	145.65

Balance

\$ 24.05

A. JANE POPHAM.

SCHOLARSHIP - 1935-36

Amisk	\$ 1.00
Calgary	1.00
Coaldale	1.00
Stettler	1.00
Lomond	1.00
Picture Butte	2.00
Milk River	1.00
Munson	1.00
Millet	1.00
Waskatenau	2.00

\$12.00

MAGAZINE ACCOUNT

Standard	\$.40
Mrs. Bell	2.55
Coaldale	2.50

\$ 5.45

EXPENSES

Exchange50
Postage	\$2.43
Pad15

\$ 3.08

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MAGAZINE ACCOUNT

1935

RECEIPTS	EXPENSES
Sale of Magazines\$ 3.05	Printing\$153.35
Advertising 180.00	Mailing and Envelopes 2.50
Calgary Girls 1.60	Expenses (Editor)50
Mrs. R. E. Wood 5.00	Expenses (Miss Sahlen)40
	Exchange45
	\$157.20
	Net Profit 32.45
\$189.65	\$189.65

1936

Advertisements\$223.65	Printing\$176.60
Donations 5.00	Mailing, etc. 2.00
Balance in Bank .. 85.46	Express 1.50
Cash in Hand 3.41	Exchange45
	\$180.55
	Net Profit 47.80
\$ 88.87	\$228.35

DEBTS OUTSTANDING	NET PROFIT
1934\$ 12.50	1934\$ 43.62
1935 12.50	1935 32.45
1936 10.00	1936 47.80
	\$123.87
	Debts 35.00
\$ 35.00	\$ 87.87



PEARL McBRIDE, Byemoor, Alberta
Winner of Emily Murphy Cup for three successive years.

SPORTS DAY

The W.I.G.C. Sports Day took place Wednesday afternoon, July 8, under the supervision of Mr. Fisher. It was quite interesting, although we were disappointed in having so few competitors. Winners received ribbons and points as follows: First prize, red ribbon, counting three points second prize, blue ribbon, counting two points; third prize, yellow ribbon, counting one point; and fourth prize, white ribbon, for which no points were given.

The winners of the events are as follows:

60-yard Dash (girls under 18)—1st, Evelyn Gustavsen, Hussar; 2nd, Pearle McBride, Endiang; 3rd, Lois Clark, Hughenden.

80-yard Dash (girls over 18)—1st, Millicent Broughton, Hughenden; 2nd, Esther Costella, Standard; 3rd, Eva Jones, Cluny.

Running Broad Jump (girls under 18)—1st, Pearle McBride, Endiang, 13 ft.; 2nd, Evelyn Gustavsen, Hussar, 12 ft. 6 inches; 3rd, Lois Clark, Hughenden, 11ft. 8 inches.

Running Broad Jump (girls over 18)—Esther Costella, Standard, 12 ft. 3 inches; 2nd, Eva Jones, Cluny, 11 ft. 9 inches; 3rd, Dort Stewart, 11 ft. 7 inches.

Running High Jump (girls under 18)—1st, Pearle McBride, Endiang, 4ft. 4 ins.; 2nd, Evelyn Gustavsen, Hussar; 3rd, Lois Clark, Hughenden.

Running High Jump (girls over 18)—1st, Esther Costella, Standard; 2nd, Florence Current, Manyberries; 3rd, Eva Jones, Cluny.

Ball Throw (open)—1st, Pearle McBride, Endiang, 144 ft. 9 inches; 2nd, Florence Current, Manyberries, 141 ft. 8 inches; 3rd, Esther Costella Standard, 127 ft. 6 inches.

Novelty race by Mrs. Bell was open to those who had not won a red or blue ribbon in the other contests—1st, Doris Stewart; 2nd, Avis Eaton, Weisinfond.

Pearle McBride, having 11 points, was named champion of the day and presented with the Emily Murphy Cup by Mr. Fisher at the banquet. This is her third consecutive year in winning the cup, so she now becomes the owner.

Esther Costella, having 9 points, came second. She also was presented with a prize by Mr. Fisher.

PEARLE McBRIDE, Sports Editor.

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REPORT OF DISTRICT No. 2

KAY FULCHER, DIRECTOR.

A new adventure in the work of the clubs in this district was undertaken this year, when we joined the W.I. at the District Conference in Edmonton, last April. The conference was quite successful, all of the clubs then established being represented. There is one new club, the Egremont Minnie Mouses, and I wish to welcome them to our ranks.

CHEERY CHUMS

This Club is doing very well and has a membership of 22. They meet every second Saturday and have very active meetings, and they have worked with crepe paper, making some new article at each meeting. They have also pressed flowers, made tally cards, and had demonstrations on different branches of domestic science. They gave a children's masquerade, and took part in the Dominion Day celebrations. This Club was represented at Edmonton.

WOHELO

This Club has a membership of 14, and meets regularly. They made a doll's wardrobe and sent this along with dolls away in Christmas boxes. They have also made an afghan, which they raffled. Some of the roll calls have been, "My Favourite Canadian Author," "A French Sentence" and "My Favourite Vegetable." They have held several 'teen-age dances and have met with considerable success in this form of entertainment. They sent a delegate to Edmonton.

CONIFERS

This Club meets regularly; has a membership of 14, with an average attendance of 10. They sent Christmas presents to the boys on the Indian Reserve, gave three presentations, two to members who were leaving the district, and one to their supervisor. They held a balloon dance which was quite successful. They were represented at the conference.

WARSPITE

This Club wavered last summer, but is back on its feet again, and has a membership of 23. During the year they have been very active. They spent two weeks at the Elk Island Park last summer. They frequently hold mother and daughter meetings. Some of the roll calls have been, "A Verse for Mother" and "The Characteristics of Some Race." Their chief means of raising funds is by means of plays. The lowest they took in was \$48.50, and the highest \$57.00. They sent a delegate to the District Conference at Edmonton.

THORHILD

This Club has a membership of 17, and has an average attendance of 11. The membership is so large that they are considering dividing into a Junior and a Senior Club, as more girls wish to join them. A feature of one meeting was a handicraft exhibit. Roll calls have been, "An Event of the Great War", "A New Year's Resolution," "My Favourite Flower" and "My Favourite Sport." They give a party every three months in honour of the members whose birthdays come then. They have had several dances to raise funds, and they assisted the Egremont Club with its opening affair. They sent a delegate to the conference.

WASKATENAU

This Club was without a leader for some time, but the members are working again now. The membership is 18. They have done a great deal of service work, packing fourteen Sunshine boxes and donating \$5.00 to the X-ray Fund of the Radway Hospital. Some roll calls have been, "My Favourite Place," "Bring Your Oldest Valentine" and "My Most Embarrassing Moment." They always send fruit to sick members. They assisted the W.I. with two concerts, had a mothers' tea, raffled a cushion, and held a social. A delegate was sent to the Edmonton Conference.

WIESENFORD

This Club was very much handicapped by bad roads during the winter and are holding two meetings a month this summer to keep up work they missed. They have a membership of 13, and have an average attendance of 9. Each meeting is featured with a demonstration and a paper, besides other business. They gave two presentations, one to the retiring Supervisor, and one to a member who moved away. The Club sold poppies last November for the Leduc Branch B.E.S.L., and assisted the W.I. with the entertainment at the Constituency Conference. They are taking part in the picnic of the community. They have had papers on "Armistice," "The Christmas Box" and "The Reign of George V"; demonstrations on colouring embroidery work with crayons, rug making, patchwork dogs for cushions, vase decorations, hatstands of wool and making small furniture. Some roll calls have been, "A Patriotic Poem," "A Wild Flower I Know," "Exchange of Easter Eggs," "A Proverb." The members made a butterfly quilt to be raffled. They have put on two dances, and two weiner roasts. The Home Nursing Course was subscribed for. They sent a delegate to Edmonton and plan to send one to Olds. The members spent some time at Pigeon Lake last summer.

EGREMONT MINNIE MOUSES

This is our newest Club, being organized in April. They are very active though, having had a mothers' day programme, a play and an amateur night. Both the latter were successful, netting the Club \$40.00. They plan to attend the Egremont picnic and have a novelty booth. We wish them every success.

REPORT OF DISTRICT No. 3

IRENE STREET, DIRECTOR

AMISK SUNBEAM

This Club has only a membership of five and has held seven meetings. During the year they held four dances, raffled a teaset and five-pound box of chocolates; had a fishpond and candy sale. The Club attended the Constituency Conference at Hughenden. They are sending a delegate to Olds.

UNITED SERVICE, ALIX

This Club has a membership of fourteen, but I have only received one report during the year. They are handling second-hand books in Alix.

BALMORAL

There are fourteen members in this Club and they have held seven meetings during the year. They have very interesting meetings with programmes, Home Nursing course, demonstrations on buttonholes, hemstitching on sewing machines and transferring embroidery patterns, and contests, box socials, bazaars and dances were held.

CHERIO W.I.G.C.

This Club has a membership of fourteen and held seven meetings. They staged a play, put on a box social and made curtain tie-backs. They gave presents to their former Supervisor and a shower to an ex-member that was married. Demonstrations were given on making crepe paper owls and table setting. They also were visited by their District Director and Constituency Convener.

CZAR GIRLS' CLUB

The Czar girls have been quite active. With only nine members they made a silk log cabin quilt and cushion to match. They took the Home Nursing course at the meetings, put on a Valentine dance, sold home cooking at a tea, and also raffled a turkey at a tea. The District Director attended their May meeting and gave a talk on the Olds Convention.

BEAVER FLAT CLUB

Congratulations, girls. You have not missed a meeting and your reports have come in regularly. They have been very enthusiastic and made a baby's quilt, sold cookies, candy and flour sack articles, planted vegetables for sale, planned dances, parties, sleigh rides, and held bazaars.

EAGLE HILL ROSEBUD CLUB

These girls have only missed one meeting this year. They have learned to crochet, tat and knit, and taken the Home Nursing course. They sold popcorn, pillowcases and aprons, raffled grocery box, teaset and berry set. They put on dances and skating parties and are going to camp at the Convention. Their dues were all paid up.

CONDOR

Condor Club has only four members and I have only received one report.

CENTRE VALLEY, LEEDALE

Only two reports were received from this Club during the year. They cleaned the Community Hall, held a dance, gave a supper for hall board, exchanged Christmas gifts and sent \$5.00 to Sunshine. A hooked rug was donated to them.

ENDIANG W.I.G.C.

This Club has only nine members and have held only seven meetings. They gave presents to previous secretaries and president. They sold home cooking and raffled a magazine rack and put on a card party, and subscribed for the Northern Messenger for the Red Cross Hospital. At their meetings they gave papers on "The Country Girl," "All Mothers," "There is a Driver" and "The Blue Willow Plate." They had contests at their meetings and requested "Prairie Moon" on the radio.

HAPPY GLEE CLUB, LEEDALE

This Club has eleven members. They camped at Sylvan Lake last year. They put on a play and four dances, raffled an autographed quilt, cushion, and put on a bazaar.

LOUGHEED

They have thirteen members. They made an autograph quilt and a scrapbook. Sent the scrapbook and toys to Red Cross Hospital and Christmas Cards to the Children's Home. They sold popcorn at shows, put on a dance and a sleighing party. They served at the ladies' bonspiel and have paid their expenses for a trip to Sylvan Lake.

LUCKY STAR

The Lucky Star Club has not as good a record this year as last. They have eight members and held only six meetings. They had a grab-box, raffled a teaset, made toys for Christmas gifts, renewed Bertha Ferguson's Sunday School paper and had a paper on "Unfinished Tasks." They all went to the Conference.

MYRNA GOLDEN RING

The Golden Ring Club has only seven members and held five meetings. The girls spent a week at Hardisty Lake last July. They presented a former member with a wedding gift and their lake chaperone with a present. They made one quilt and raffled it and gave another to the needy. They also put on dances and donated \$5.00 to the church.

MERRY WESTERNERS

This Club, I think, holds the record for the most active in my district. Their reports have come in regular and prompt. They have held picnics, dances, contests, raffles and two debates: "Resolved That Farmers Are More Use to Mankind Than Manufacturing" and "A Woman Finds

— 1937 —
**GIRLS Plan NOW to Attend The CONVENTION
at OLDS, JULY 13th to 16th.**

— — —
A Good Time for Everyone.

More Happiness in a Career Than a Husband." They had a Club paper called the "Chatterbox" that was read at each meeting. Roll call was answered with many different things, and a play was staged. They decided on a trip to Sylvan Lake.

MUNSON W.I.G.C.

This Club has a very good record, next to the Merry Westerners. They have sixteen members and have had regular meetings and a very prompt secretary. An invitation was sent Mrs. Bell to attend one meeting. They put on dances, parties and other amusements, gave Christmas gifts to poor families, \$2.00 to Drumheller Sunshine, \$2.00 to Calgary, and old toys to Trail Rangers. They had demonstrations on "Making Doughnuts," "Making Hospital Beds," "Decorating Easter Eggs" and "Bird Baths." They are sending a delegate to the Convention, and the entire Club are going to Bleriot Ferry to camp a week.

PENHOLD GIRLS' CLUB

They have fifteen members and have had regular meetings. They put on a play, made babies' layettes and sent \$2.00 for Year Book. They presented Mrs. Henley with a set of sherbet glasses for coaching play.

SEDGEWICK W.I.G.C.

This Club has sixteen members and has held five meetings. The girls made a quilt, raffled a cake, had a sleighing party and ice carnival. They sent Christmas hampers to the poor of the district and presented half dozen glasses to a member as a wedding present.

STETTLER GIRLS' CLUB

This Club has nine members and were fairly regular with their meetings. They missed February because of weather conditions. The girls had a programme, birthday tea, house tea, and made a quilt. They had papers on "How to Make Crepe Paper Flowers," "Household Economics," "Facts About Alberta," "Symptoms of Diseases," and decided to write short stories. They also had a raffle at each meeting.

REPORT OF DISTRICT No. 4

FLORENCE CURRENT, DIRECTOR

During the year twenty-four Clubs have reported to me, and several new Clubs have been formed, which we gladly welcome to our organization.

CALGARY GIRLS

Meets twice a month with an average attendance of eighteen, an increase of three over last year. Receipts for year were \$42.97; expenses \$39.09; balance \$3.88 in treasury. The girls sold novelties at a W.I. tea and made \$8.00. They are taking the Home Nursing course and visit the Red Cross Hospital every two weeks. The age of joining the Club has been raised from 16 to 18 years. Jean Moore gave an interesting report on Olds Convention. To add to the funds the girls had a birthday box, raffled 15c article at each meeting, held a Valentine tea. Visited Calgary Herald plant in December and send delegates to League of Nations units. Miss McCaffery and Mr. Harvey were special speakers. Miss McCaffery spoke on "South Sea Islands" after her recent visit there. The girls made a quilt, double wedding ring pattern, and have sent games to Red Cross Hospital. A Valentine court whist party was held February 12. The girls are all buying Club pins. A buffet supper and social evening was held in honor of their mothers in May. Mrs. Kelly presented the girls with a gavel. An evening hike was planned for June, with lectures on "Astronomy" by Mrs. Howie.

EAST GARDEN PRAIRIE, BARONS

The East Garden Prairie Club reported seven meetings with an average attendance of eight. An interesting report was given by the delegate on the Olds Convention. The girls gave showers for two members, presenting one with a tea cloth and the other with a Pyrex pie plate. They had a Christmas party, each girl bringing a boy friend and a suggestion for a game. The girls exchanged names for Christmas gifts and also bought the Supervisor a gift. An interesting report of the Lethbridge Conference was given by Florence Turner. Held a dance in March and a successful Easter bridge and tea in April. The May meeting being on mothers' day the mothers and some of the ex-members who were home for a visit were guests.

WEST GARDEN PRAIRIE, BARONS

This Club has ten members and have held six meetings with an average attendance of seven. The girls made a quilt for an ex-member's baby and bought gifts for two newly married members. A dance was put on December 26, proceeds being \$13.75. A quilt and a silk cushion have been made and raffled by the girls. Another rayon quilt has been made and will be raffled. A Victoria tea was put on May 25th from which they made \$8.00. Jane Popham is representing the girls at Olds and the whole Club will go for a 10-day holiday at Waterton. Some of

our roll calls have been: "Something Beautiful Seen, Heard or Thought of," "Short Biography of Famous Men," "Irish Joke," "Poem to Mothers," "Hints to a June Bride." Some of our demonstrations have been: "Making Wool Cushions," "Bound Buttonhole," "Making Silhouette Pictures," "Angel Food." Some of our papers have been on "History of the Vikings," "Ruebens, the Portrait Painter," "Social Hygiene," "Ideals," "Customs of Immigrant Races and Facts About Them" "Facts About Alberta," "Life of Louisa May Alcott." We have made and raffled a quilt and a silk cushion. We are raffling a rayon quilt. Cash on hand \$35.00.

LOMOND LUCKETTS

This Club reported six meetings; average attendance being eleven, with two more members than last year. The Club financed the members to the show "The Little Minister" and bought a Chatelaine subscription for an invalid lady. The Club made a quilt, each girl making three blocks. They bought pins for the new members. The girls made a Christmas gift for their mothers and also gave bags of candy to the children in Lomond. Each member received a Christmas gift as well. They sold tickets on a brown linen cushion and held a dance in March from which they made \$14.20. Had a tea, hot dog stand and sale of flowers in April.

PEPPY GIRLS' CLUB, MACLEOD

This Club had an average attendance of seventeen with four new members. It was reported that the girls spent a very enjoyable holiday at Waterton last year. After their July meeting they spent a few pleasant hours at a nearby river swimming. They put on a very successful dance on August 21st. Kathleen Murphy attended the Claresholm Conference and gave the girls an interesting report. The Supervisor was presented with a gift in appreciation of her good work in the Club and for escorting the girls to Waterton. A cushion was raffled at one of their meetings, and the girls started their Club sweaters. They made a butterfly design quilt to be raffled and planned to put on a play after Christmas.

MANYBERRIES MERRYMAKERS

The Merrymakers reported nine meetings with an average attendance of eleven. They have four new members. They have taken the Home Nursing course, which was enjoyed. A sum of \$2.00 was sent to help with the magazines and \$5.00 was donated to the community hall. Each of the eleven girls received 25c talent money in August and in December \$13.20, which was earned in various ways, was turned in. A play "Plain Jane," dance and lunch was put on April 17th from which the girls cleared \$41.77. In June a tea, fish pond and novelty sale was very successful. From this the girls made \$18.00. A shower was given for a member who was getting married, and the Club gave her six silver teaspoons.

HARMONY GIRLS' CLUB, MACLEOD

The Harmony Girls reported six meetings with an average attendance of eight, and one new member. They spent a week at Waterton Lakes last summer, leaving on July 13th. A delegate was sent to the Claresholm Conference on August 10th. The girls sponsored an ice cream stand at a rodeo August 14th for one-third of the proceeds. The girls sponsored a play and also put on a dance in December from which the door receipts were \$16.80 and proceeds \$4.41. The girls were glad to have as a guest at one of their meetings Mrs. W. Harris, Constituency Convener, who spoke to them on the value of girls' clubs in a community.

NEMISCAM GO-GETTERS

This Club was organized since last July and have an average attendance of ten. They sponsored a very successful card party last winter, raffled a cushion and sold candy at a dance. Each meeting the hostess is responsible for demonstrating some new novelty idea. Some of their demonstrations have been burnt pictures, crepe paper flowers and vases. Cora Thompson gave a very good reading at one meeting on "Truthfulness."

GOLDEN HOPE CLUB, MILK RIVER

The Golden Hope Club reported nine meetings, the average attendance being seven. They had a pantry sale and bought a plant for a sick member. A punctuality prize is to be given this year. Had a corn feed and invited all ex-members. The girls took the Home Nursing course, made a rug and had a Christmas box. They sponsored two card parties. A Valentine party was enjoyed by the girls after the February meeting. Beth Madge gave an interesting report on the Lethbridge Conference. Mrs. Gussick, of Warner, gave a speech on "Loyalty."

STANDARD SENIOR GIRLS' CLUB

They have had an average attendance of eleven, with four new members. The girls put on a very successful play, realizing \$64.55 as net proceeds. They gave the usual Christmas cheer to several old and needy people. The girls are going to entertain the Scouts at a New Year party on the first of February. They also had a very enjoyable social meeting with a 25c fine being imposed on those not dressing as children. Sponsored a tea May 1st, raffled a cushion and had a mothers' day programme. Flowers sent to two sick members. Gave a gift to a member who was being married. Each girl was to take charge of one meeting. A facial demonstration was given.

THE TURIN TOILERS

The Toilers reported nine meetings with an average attendance of nine. The girls made a quilt and bought two tennis racquets with the money which they received from it. They put on an old time dance in February. A cushion was auctioned. The girls were given 25c talent

money. A dance was planned for June 22nd. The girls have had some very interesting papers and demonstrations, some of their papers being on "Housework in Canada," "How to Avoid Accidents and Give First Aid," "Pioneer Days," "Rules and Regulations of Canada" and "Hawaiian Islands." Dorothy Reiter is the delegate for the Olds Convention. The girls plan to play softball every Friday night.

STANDARD JUNIORS

This is a junior Club with an average attendance of ten. They had a tea last June. The girls made a quilt, started a penny fund for the sick and started a circulating library. Each girl brings a book which they exchange: this is their circulating library.

SOCIAL PLAINS, BINDLOSS

This Club reported five meetings with an average attendance of eight. Stories have been read at the the meetings and short readings, "To Mother," "Autumn" and "When I'm Twenty-one." Demonstrations on bandaging a limb and how to do plain knitting have been given. The girls entertained their mothers at one meeting. After the meeting the girls put on a short programme for the mothers, which was greatly enjoyed.

SUNSHINE CLUB, COUTTS

The Sunshine Club reported ten meetings with an average attendance of eleven. They have four new members since last year. The girls had a very enjoyable trip to Waterton last summer. They took the Home Nursing course. The Club was divided into two clubs, Junior and Senior. A bean supper was put on in October and the girls made \$18.00. During the winter months the girls did fancy work and knitting for their bazaar in June. One member at each meeting had to recite, sing or tell a story to accustom them to speaking. The girls put on a play in March which was very successful. It netted them \$103.45. They took the Home Nursing course. The play directors, also Mrs. Campbell and Mrs. Gusseck, were asked to attend the April meeting. The girls are making sweaters. The Club plans to attend the Olds Convention.

CLUNY GIRLS

The above Club have reported ten meetings with an average attendance of ten. They have three more members than last year, and as the rest have shorts they bought shorts for the new members also. They took the Home Nursing Course. On October 31st the girls put on a Hallowe'en Party which was a real success. During the year two other parties were put on. For entertainment each girl must do something to entertain the girls at the meeting in which her birthday comes. The Club has both a basketball and softball team. The girls sponsored a play and dance, at which they raffled a \$3.00 sock. Profits from the sock were \$7.85, and from play and dance \$29.15. The girls gave a shower for a member who was getting married, the first bride from the Club. They are now making her a quilt, each girl making a block. Eva

Jones was elected delegate to Olds Convention, and the whole Club will go for a twelve-day camping trip at the river in July. For one of their roll calls each girl brought something useful, which was sent to the Red Cross.

CHICKADEES, SEEBE

This Club has two meetings a month with an average attendance of seven. The girls enjoyed very much the story "What Price Glory", read to them by Mrs. Horspool, their Supervisor. A corn roast and games were enjoyed after one of their meetings. Mrs. Horspool also gave a very interesting talk on "Pride in Personal Appearance." The girls enjoyed doing crocheting and knitting at their meetings. They had a tea at which they entertained their mothers. In April they went for a hike to the river, taking lunch and the Club supplying the pop. They have had many interesting speeches and demonstrations.

HUSSAR GIRLS

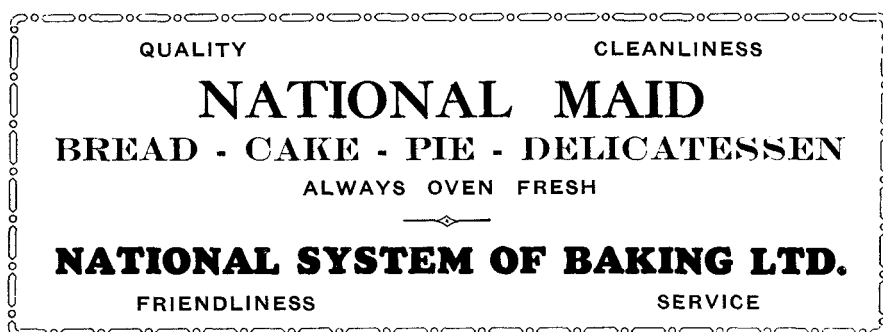
This Club reports an average attendance of twelve, with two new members, and are taking up Guide work. They decided not to give rings unless the girls are going away; bought rings for two girls. They had a play and dance in November, and sent \$3.00 to the Red Cross and Christmas cards to some friends. Rev. Gordon conducted the Guide service at one of their meetings. The Club had a booth on May 25th.

IRVINE PEPPY PALS

The Peppy Pals reported seven meetings with an average attendance of fifteen. The Club has written a short story, each girl writing a chapter. A diary was kept by Florence Barbuck while at Elkwater and then read at one of the meetings. The girls are taking the Home Nursing course. An afternoon tea, fish pond and bean contest was put on in October. Prizes were given for the best decorated table. The girls also sponsored a concert and dance at which they raffled a cedar chest filled with linen. From this they realized \$29.00. They decided to send the oldest girl to the Olds Convention. Another dance was put on by the girls in May. The girls had one very interesting meeting, everything was backward—no meant yes.

KOALDALE KAPITAL KIDS

This Club reported nine meetings with an average attendance of ten. The past Supervisor, Mrs. Thompson, was presented with a dish with the K.K.K's initials on it. The girls are taking the Home Nursing course. They wrote letters to all Club members who were away at school. A Christmas Cake was raffled and the girl made \$11.60 from it. Dorothy Orcutt attended the Lethbridge Conference as official delegate. A dance held in April was quite successful. The treasury benefitted by \$39.00. They made \$7.65 from a concert put on in May and \$13.12 from a quilt which was raffled. During the year they have had some interesting papers, namely, "Current Events," "Mothers of the Screen," "Canadian Literature," "Children of the Screen" and "History of Medicine," which will be sent to the library.



KINNIBURGH SUNSHINE

The Taber Club has reported six meetings with an average attendance of eight. They had a very successful weiner roast and skating party on December 13th. The girls gave toys to some poor children who would not have had any Christmas otherwise. They are being shown how to sew, knit and crochet. A mothers' day programme was enjoyed. Sweet peas were presented, first to the oldest mother, then the youngest, and then to all mothers. During the year the girls sponsored two dances.

JUNIOR MIZPAH, VAUXHALL

As the weather was too cold the girls have had very few meetings, the average attendance being thirteen. Candy and popcorn was sold at various shows during the year. The girls served lunch at a dance on May 15th. A delegate was sent to the Taber Convention, and one of the new club magazines was discussed.

MANYBERRIES (JUNIOR)

This Club was newly organized last fall and although they were not very active during the winter I think they intend to continue as soon as they get another Supervisor. However, the girls have made cellophane purses and crepe paper butterflies which they waxed.

LETHBRIDGE NORTHERN BUSY BEES

Although this Club has not reported regularly I believe they are still active. On April 10th they put on a dance from which they made \$17.85. They also raffled a wool dog.

SUNSHINE (JUNIOR), COUTTS

This is a Junior Club. The average attendance is fourteen. A Valentine tea was held February 14th, the girls making \$12.00. During the past month the girls have been working on material for a sale which was to be held in June. The girls made \$6.00 from another tea which was held on March 17th. An interesting paper was given on "People of Other Lands."

“BE PREPARED”

My little talk is on one of the most trite of topics, and yet one ever before us—“Be Prepared”. When we consider the vast army of young people who have not yet found their places in the world’s scheme of existence, we might think such a topic presumptuous and quite unnecessary. For of what possible use can it be to be prepared for a life work which is already overcrowded! On the contrary, I believe it is one of the most vital questions of the day. How can our young women be prepared for the real business of living?

First comes the question of the preparation which the home may give. Edgar A. Guest has expressed this as I should like to do, in his poem “Home”—

HOME

Afore ye really 'preciate the things ye lef' behind,
An' hunger fer 'em somehow, with 'em allus on yer mind.
It don't make any difference how rich ye get t' be,
How much yer chairs an' tables cost, how great yer luxury;
It ain't home t' ye, though it be the palace of a king,
Until somehow yer soul is sort o' wrapped round everything.
Home ain't a place that gold can buy or get up in a minute;
Afore it's home there's got to be a heap o' livin' in it;
Within the walls there's got to be some babies born, and then
Right there ye've got t' bring 'em up t' women good, and men;
And gradjerly, as time goes on, ye find ye wouldn't part
With anything they ever used—they've grown into yer heart;
The old high chairs, the playthings, too, the little shoes they wore
Ye hoard; an' if you could ye'd keep the thumb-marks on the door.
Ye've got to weep to make it home, ye've got to sit an' sigh,
An' watch beside a loved one's bed, an' know that Death is nigh;
An' in the stillness o' the night t' see Death's angel come,
An' close the eyes o' her that smiled, an' leave her sweet voice
dumb.
Fer these are scenes that grip the heart an' when yer tears are dried,
Ye find the home is dearer than it was, an' sanctified;
An' tuggin' at ye always are the pleasant memories
O' her that was an' is no more—ye can't escape from these.
Ye've got to sing an' dance fer years, ye've got to romp an' play,
An' learn t' love the things ye have by usin' 'em each day;
Even the roses 'round the porch must blossom year by year
Afore they 'come a part o' ye, suggestin' someone dear
Who used to love 'em long ago, an' trained 'em jes' to run
The way they do, so's they would get the early mornin' sun;
You've got t' love each brick an' stone from cellar up to dome;
It takes a heap o' livin' in a house t' make it home.

Then there is the school, with the hours, weeks, months and years of delving to gain a state of "Preparedness" which enables one to meet whatever may arise in the future. Adults are concerned so deeply over school days that, as you know, they have instituted a new curriculum and in the lower division, learning through "enterprises": thus they hope to discover and develop the natural talents or tendencies of the individual. If it works out satisfactorily, it will revolutionize our educational system.

Next, let's consider the physical preparation. It is not true that all are born free and equal. From babyhood, even, there are many who are handicapped by blindness, deafness, dumbness, malformation of limbs, and mental derangements. Happy, indeed, is the child who starts life with none of these disabilities. But even with a splendid start, the race is often lost through careless living and foolish mistakes. Disobedience to the laws of clean, sanitary, pure living brings the most disastrous consequences. Babies in the hospitals—"the lame, the halt, the blind"—are, alas, too often startling warning of the need of clean, pure living on the part of our young people, the future home-makers of the world. For, after all, being prepared includes for each and every young woman being ready to found and carry on a home.

In this connection let's give our attention for a moment to the effect of smoking. In my youth, smoking was never associated with **nice** young women. It simply wasn't done! So, after the war, when the great change was taking place, it came to me as a great shock. The first time I came out from the homestead to Calgary, I noticed a mother and two daughters at a restaurant. After dinner the two girls began to smoke cigarettes. In my innocence, I thought: "How sorry that poor mother must feel." For she seemed such a lovely person. But as I watched, she took out her cigarette case and joined the girls in their after-dinner smoke. Later, I went to Banff, and as I was wandering through the park I noticed a beautiful young mother with her little two-year-old son, looking at the animals. I saw her light a cigarette. The little fellow ran closer to the peacock's cage—and the mother stood with the cigarette in her hand. Back came the youngster, and confidently grasped his mother's hand. The cigarette burned. He began to cry! And the mother slapped him for crying.

Then I realized that smoking was a new factor to be considered in the effort to build healthful, normal young women. I have read that tuberculosis has increased alarmingly in the past few years,—and partly this increase is laid to smoking, partly to dieting, and numerous other causes.

Dieting, too, must be considered if one is to be prepared to meet life. Not nearly enough thought was given to this subject in my youth. A proper balance in food is one of the most important studies in con-

nection with the human machine. Yet I am convinced that careless dieting or abstinence from food is one of the most dangerous fads which youth is facing today. If you must diet to keep your girlish figure, I pray you, do so intelligently and under your doctor's directing. May you be able to bring a clean, healthy body to your task of home-making.

"To the Devil's booth may you never stray,
Nor for evil doing have to pay.
May God be with you all the way,
And guide and guard you every day".

Another thing greatly needed is more tenacity, more grit. When we are downhearted and discouraged we need wholesome good cheer. Sunday, in a sermon I heard, the preacher referred to the difficulty one encounters in trying to exterminate the prairie rose. You may bruise, cut and nearly kill the plants, yet if there is a very tiny speck of root left, a new plant will soon appear. It is a striking example of tenacity towards its objective. From this we humans may draw a lesson. He also quoted a motto which was striking: "When you get to the end of your rope, tie a knot and hang on." That is what some of us feel that we must do these days. Someone has said:

I won't, is a tramp.
I can't, is a quitter.
I don't know, is too lazy.
I wish I could, is a wisher.
I might, is making up.
I will try, is on his feet.
I can, is on his way.
I will, is at his work.
I did, is now the boss.

Which are you?

Clear vision is another very important attribute of preparedness. When we can look our condition squarely in the face, take stock of what we possess—our mental equipment, our physical equipment, our moral equipment—then we have gone a long, long way. Perhaps we are just on the verge of discovering our great "Opportunity."

"A curve in the wood, a hillside
Clear cut against the sky.
A tall tree tossed by the autumn wind,
A white cloud riding high.
Ten men went along that road
And all but one passed by—
He saw the hill, the tree and the cloud
With an artist's mind and eye.
So he set them down on canvas
For the other nine men to buy."

The MARQUIS Hotel
LETHBRIDGE - - ALBERTA

ALSO OPERATING

The MARQUIS Coffee Shop

It Is Our Pleasure To Serve You

I wonder if in adopting the code of Robert Louis Stevenson we might not be preparing for our niche in the universe in the grandest manner possible.

Code of Robert Louis Stevenson

To work "a little harder" and with determination and intelligence.

To remember enough of the past to profit by its mistakes.

To "worry never", but to think seriously of the future, and not only of today.

To "play the game" fair.

To be cheerful and keep smiling.

To perform my duties faithfully.

To develop courage and self-reliance.

To be kind to dogs and other dumb animals.

To cultivate economy and to waste nothing of value.

To look well after my health, and to spend as much time as possible in the "great out-of-doors."

To keep thoroughly posted and "know more" about the business in which I am engaged.

To ignore courteously any display of jealousy or unfriendliness on the part of others.

To co-operate earnestly and sincerely with all my business associates.

These things let me resolve to do at all times and under all circumstances.

MARGARET C. BELL,

Supervisor A.W.I.G.C.

Social Report of Olds Convention, 1936.

The social life of the Olds Convention started the first evening (July 7th) with a Major Bowes' amateur hour and masquerade. Miss Betty Thompson, in top hat and tails, took the part of Major Bowes and led many a shy young maiden to the "mike." After all the amateurs had participated in this gala event the grand march took place, the winners of this being: Miss Avis Eaton, prettiest, as a Scotch lassie; Miss Jean Moore, most original, dressed in club magazine; Miss Marjorie Burdett, unique, dressed as an Indian girl.

The second evening (July 8th) brought the public speaking contest, with Miss Jean Moore presiding. The topics were, "Prominent Canadian Women", Edna Jacques and Nellie McClung, "Free Use of Radium", "The City Has More Advantages Than Rural Schools." Each in its turn was interesting. Anola Thompson won first prize and Agnes McKerrow second prize. Musical selections were rendered by the girls, after which lemonade and cookies were greatly enjoyed.

The social life of the Convention came to a climax with the banquet and theatre party on Thursday evening. After a delightful dinner, prizes were given to the girls for sports and exhibits. The girls attended the Mayfair theatre in a body and heartily enjoyed "Anne of Green Gables."

The demonstrations, well attended, were greatly enjoyed.

1. Miss McIntyre—The Magic That Comes From Bottles and Jars. This was a demonstration on how to make creams, astringents, etc., and how to care for the body.

2. Miss Current—Beautifying With Crepe Paper and Salt Paste. Here the girls made fancy vases and jars in different pastel shades.

3. Miss Switzer—Practical Points on Dressmaking. The girls were given some handy hints on everyday dressmaking.

There were some very interesting as well as helpful talks by guests and visitors. Mrs. E. J. Bell gave a talk on "Being Prepared", and said that is what a girl has to do now to develop into a good woman so she can take her place in the future.

On Tuesday evening, Mr. Fisher gave a very interesting address on the Klondike rush in the Yukon. He spoke of his experiences with bandits and robbers, when there were no law and order, and of facing death through starvation when he was snowed in a little hut all winter.

Mrs. Ferguson brought greetings from the W.I. and Women's Council. She also gave a very interesting talk on her trip to the Peace Conference in Washington, D.C. She told the girls of her tour of inspection through the White House and adjoining grounds.

Miss Pepper, from the Agricultural Department at Ottawa, discussed Girls' Club work in other provinces and how the study of food for a healthy body is the main topic.

Miss Brighty gave a talk on "Personal Hygiene." How good food, straight posture and self-control can give a person a happy, healthy life.

Miss McIntyre gave a lecture on "Personal Relationships" in which she told the girls how to build up their lives to get along peacefully with everyone.

Mrs. Haynes gave a very interesting lecture on "Dramatics", explaining how self-expression is acquired through acting. It also teaches you the customs of other countries and of early times.

The musical selections throughout the programme were greatly enjoyed, and the talent was of high class.

Mr. Kemp conducted physical training on the campus every morning with a variation of games and drills.

MARGARET BEVERIDGE,
Social Editor.

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MRS. NELLIE McCLUNG

By ANOLA THOMPSON, Coaldale.

Winner in Public Speaking Contest

"In birth or death, or any other human upheaval, a batch of good light bread never comes amiss."

The author of my opening quotation, Mrs. Nellie McClung, is possessed of a rare gift of humor and an unusual understanding of human nature. These qualities, combined with a strong, attractive personality, have been the main factors in her successful life.

Mrs. McClung is one of the best known Canadian women in public life today. A novelist, orator, social reformer and legislator, she has become known in all parts of the world.

She was born in Chatsworth, Grey County, Ontario, and as a small child moved with her parents to Manitoba, trekking across the country in an ox wagon. She was ten years of age before a school came near enough to her home to afford the advantages of a daily education. At the age of fifteen, however, she had received a teacher's certificate, and was now earning her own living.

While teaching in the neighborhood of the little town of Manitou she became a close friend of the minister's wife, and so great was her admiration for her that she remarked, "She is the only woman I have ever seen whom I would like to have for my mother-in-law." A few weeks later news came from town that the minister's eighteen-year-old son was returning home from the East and had accepted a position in the local drug store.

The next day, when school was over, Nellie went to town, dressed in her best dress—a dark green cloth trimmed with military braid and brass buttons—hair waved, by taking thought and curling papers the night before; shoes polished with lard and lamp black; her pale complexion toned up a bit by vigorous application of a hard towel. She had no business or errand that night. She went to see the boy with the red hair who was working in the drug store. She made no excuse, either. Remember, she made no pretense of being the Victorian maiden who sat on the shore waiting for a kindly tide to wash something up at her feet. Not at all. Having seen something on the sky line, rocking in the current, something that looked like treasure, she plunged boldly in and swam out for it.

The red-headed boy was in the drug store: a tall, slim young fellow with clear blue eyes, regular features and a clear complexion. She bought a fountain pen, taking quite a little while to decide, and being

guided entirely by his superior knowledge, which wasn't too bad for a beginning, considering that she was an unsophisticated country girl, sixteen years old, and had never heard of Dorothy Dix. She paid three dollars for the pen—her last three—and she wouldn't receive any part of her salary for a month. No matter, she paid over the money with a fine air of opulence and went home well satisfied with the evening.

That was the beginning, and Mrs. McClung tells us he had no chance of escape after that, and she says with pride, "The day I married him was the best day's work I have ever done."

From early womanhood Mrs. McClung has been in the vanguard of the movement to awaken the women of the west to a consideration of their rights and duties in the politics of their country, and politics to Mrs. McClung means the public business—yours, mine and everybody's.

In 1917 she came to Alberta, and was elected a Liberal member for Edmonton in the Provincial House in 1921.

All through her life she has been an advocate of temperance, and through the pages of her early books and on the public platform she reveals a deep hatred of the liquor traffic. Perhaps no western woman did more to secure equal suffrage in the prairie provinces than Mrs. McClung.

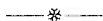
A few years ago Mrs. McClung, with her four associates, inaugurated the bold forward movement to amend the constitution of Canada, known as the British North America Act, in order that women may sit in the Senate of Canada, and as you know, she was successful.

She is a member of the United Church of Canada and for years has advocated the ordination of women for the ministry. In this also she has been successful.

There is perhaps no more beloved woman writer in the West, or even in Canada, than our Nellie McClung, as she is termed affectionately by hundreds. Her best known books are, "Sowing Seeds in Danny," the little hero of which is her son Mark, who was a laddie of some four years at the time this book was written. Other are, "In the Land of the Gopher", "The Second Chance", "Next of Kin", "Purple Springs", "Painted Fires", and, of course, her most recent book, the story of her own life, "Clearing in the West."

In her recent address on "Dividends of Life" Mrs. McClung said that one rule of her life had been to forget the ugly things in the past, and to remember the pleasant. "A good memory is a wonderful thing but to be able to forget is a grace." And the greatest dividend in life she said, was to be associated with God in the remaking of the world. "God and man are omnipotent—God needs us."

WARNING TO MOTOR VEHICLE OWNERS



In order to avoid inconvenience and prosecution all owners of motor vehicles must register their motor vehicles with the Department of the Provincial Secretary and carry the proper licence number plates for the current licensing year.

Owners operating their motor vehicles after April 20th without being properly licensed are rendering themselves liable to prosecution.

The attention of all motorists is also shown to the following Amendments made to The Vehicles and Highway Traffic Act at the recent Session of the Legislature: "On approaching another vehicle proceeding in an opposite direction and when within not less than three hundred and fifty feet of same, any person in charge of a motor vehicle equipped with electric headlight or headlights shall dim or drop such headlight or headlights."

"Every person who is the operator of any motor vehicle which is involved in any accident causing any injury to person or property shall immediately report the accident to a police officer or constable."

Hon. **ERNEST C. MANNING,**
Provincial Secretary.

E. TROWBRIDGE,
Deputy Provincial Secretary.

The Story That Won The Mrs. J. A. Rodell Cup

By HEATHER NOEL ALLAN, Coaldale.

BARRY

"I christen thee John, Charles, Bartholemew," had droned the voice of the vicar of All Saints.

"It's a grand name, Jack," said slim, dark-haired Mary Freeman, cuddling the soft warm bundle as they drove through the busy thoroughfare of Carleton to their home on the outskirts of the town.

"I hope he'll live up to it. Everyone has warned me so much about adopted babies that I was a little afraid. But he will live up to it, I know he will! And when he's as old as you are he'll be a great mining engineer, too."

Her husband patted her arm. "Don't you worry, Mary," he said confidently, "no one with a name like that could be a failure. And as for those advising women. Well, no doubt they meant it kindly enough, but none of them have such a fine baby."

It was just six weeks later when Mrs. Freeman first noticed it. During that time she had learned to love little Barry dearly; to love his grasping fingers and his clinging arms. And now this. Oh, but it couldn't be true! She had been standing at the foot of his cot when Jack had come in and accidentally turned his flashlight full in the baby's face. But those dark brown eyes had not blinked nor turned away, but had stared blankly right into the glaring light. Jack had looked at her, and she at Jack. They seemed to read each other's thoughts. Was little Barry blind?

"I'll get the doctor," whispered Jack hoarsely.

He returned a short time later accompanied by kind-hearted, gentle-voiced Dr. Gilmore, who had nursed both Mary and Jack through many previous illnesses.

"Oh, doctor, I'm so glad you've come! Do you really think he is blind? What can we do for him?" blurted out Mary, half hysterical by now.

"Now, now, child, don't be alarmed. It may be nothing at all. Now just you sit down and rest yourself while Jack and I have a look at Barry."

Mary sank exhausted into a chair as the two men walked into the baby's room.

It seemed an eternity before they returned. When they did, Jack's face was deathly pale, his mouth grim. The doctor looked grave. Mary sprang to her feet.

"Oh, Jack, it's true, he is blind," she choked.

He nodded silently, unable to speak. Dr. Gilmore cleared his throat, polishing his glasses as he did so.

"Come now, buck up. You're taking it far harder than he ever will. The little fellow will never miss what he hasn't had. The best thing you can do, my dear, is to let me arrange to have the child put in a home for the blind. He'd be well cared for and it would take a great deal of responsibility off your hands."

A home for the blind! She shuddered.

"Oh, no, I couldn't, I love him so much. I needed him at first, he needs me now."

And so, not daring to look into the future, Mary made her decision. A few minutes later she stood beside little Barry's cot. Bending, she kissed his soft, rounded cheek.

"Goodnight, dear," she whispered. "and God bless you."

The baby stirred, and opening his sightless eyes, smiled up into her face. She felt a surge of strength and courage flow through her. She had decided right!

It was not always easy to be patient, for, despite a lovable nature there were times when the child became irritable and melancholy. One day, a few weeks after Barry's fourth birthday, she sat before the piano playing a few simple melodies. The afternoon had been particularly trying for he had seemed more peevish than usual. She dare not play too loudly for he lay tossing fitfully on his cot in the next room. As the last sweet notes of "Skylark" died away she was startled by a childish treble—

"Play it again, mummy, that was awfully nice."

She swung around. Little Barry stood in the doorway, his usually solemn face glowed strangely, his small body was tense.

"Of course, dear," she replied.

Thus Jack found them that evening as he quietly entered the drawing room. Little Barry sitting on the music stool beside his mother, she playing softly, he swaying dreamily to the music or keeping time by swinging his tiny feet.

This was the beginning of a new interest for little Barry. Many times, in all his moods, Mary would play for him. It seemed to be the one thing that would soothe his nerves or send him off into an easy, restful sleep.

Sometimes when he and Barry were alone together Jack would bring out his beloved violin and slowly and carefully explain its secrets to the boy.

There had been an air of tense excitement about the place for some time. Mary was mystified but wisely held her peace. One evening just after she had put Barry to bed she sat reading before the fire. She looked up suddenly as Jack touched her arm and solemnly beckoned her to come up the stairs and into the child's room.

In the centre of the floor, clad in his long white nightie and with his father's violin resting easily on his shoulder, stood Barry. His body trembled with excitement. At a word from Jack, he tucked the instrument under his chin and began to play the first few simple bars of "Skylark."

As the beautiful notes, at first hesitant, then sure and true, flowed from the violin, Mary's eyes filled with tears of happiness. The music stopped, and folding the child in her arms, Mary exclaimed:

"Barry! That was wonderful. Wherever did you learn to play like that?"

"Daddy taught me," the boy told her proudly. And, oh Mummy, can't I have a violin of my own?"

"Of course, my darling," his mother answered.

When little Barry was once more tucked into bed and had gone contentedly to sleep, Mary and Jack talked things over.

"I'll see Professor Craige on my way to the office in the morning," Jack promised, "and see if he can't begin taking lessons right away. We'll have to send to Toronto for the violin, though."

"Yes," replied his wife, "we must do everything we can to make him happy."

And so it came to pass that every day Professor Craige came and taught Barry, and Barry in turn progressed so rapidly that his teacher was amazed.

It was Barry's twelfth birthday. Mary was setting the table for the birthday supper and Barry was playing softly on his violin when they were both startled by the insistent ringing of the telephone.

"I'll answer it, Mummy," said Barry promptly.

A moment later he entered the dining room, his face pale.

"What is it, son?"

"Daddy's had an accident, you're to go to the hospital right away."

"Had an accident?"

"Yes. The car turned over, or something. Oh, do hurry, Mummy, he may need us!"

Fifteen minutes later Mary stood anxiously before Dr. Gilmore.

"How badly is he hurt, doctor?"

"We don't know yet, my dear, but the specialist is with him now."

The half-hour that followed was a nightmare to Mary. She was sure she could never have stood it had it not been for Barry's firm, cool hand in hers. Then the door of the stock room opened and the specialist came out.

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"Mrs. Freeman?" he asked, looking questioningly at Mary.

"Yes."

"You may go in for a few moments."

She entered the room. Jack lay on a bed looking almost as white as the sheets around him, but trying bravely to smile.

"Hullo, Mary," he whispered.

Jack!"

In the short silence that followed the voice of the specialist was heard plainly by all in the little room.

"There is no question as to his living, he'll do that all right; but he'll not walk for many a long day, poor fellow."

The sun streamed in through the large bay window onto the couch in the Freeman living room. On it lay Jack Freeman, thinner and paler than before, but still the same good-tempered, kind-hearted Jack. On a chair close beside him sat his wife.

"Whatever we do," she was saying, "Barry's lessons must go on, he loves music so."

"I agree with you, Mary," replied her husband. "He must go on."

"Jack," Mary ventured, "let us go to Toronto."

"Toronto? Why?"

"Well, perhaps I could find a job as a stenographer."

"Find a job?"

"Of course, darling. Why not? We have to eat, you know, and now that your income has stopped we have nothing. Oh, Jack, it would be heaps of fun! and you and Barry and I could live as happily as before."

And so the Freemans moved to Toronto. A prominent professor of music was secured to teach Barry and, although the years that followed were hard, and many sacrifices made, Barry's lessons continued. Mary worked as a stenographer in a large business office downtown. In her absence, Jack took care of the house and Barry as best he could, for although Jack was still crippled he was able to move around on crutches.

This winter had been exceptionally hard, business seemed at a standstill. The staff were being dismissed one by one. Finally came the day when Mary was called into the manager's office.

"You sent for me, Mr. Sydals?"

"Hu-er-hm, yes, Mrs. Freeman. Er, as you know our business is not in a very satisfactory condition and we are finding it necessary to cut down our expenses and——"

"And you are dismissing me?" finished Mary.

"Well, if you like to put it bluntly, that's about it. You have been very satisfactory, Mrs. Freeman, and we could give you excellent references. You'll understand, of course."

"Of course, Mr. Sydals. Thank you for the references."

Mary walked dazedly from the office. Fired! What would become of them now? Blind Barry, crippled Jack, and now she was out of work. And what about the boys music? That must be stopped now.

How she lived through the long afternoon Mary never knew. But when she did reach home her spirits rose a little. There were Jack and Barry chatting cheerfully. The kettle sang on the stove and everything looked neat and cosy. How could she tell them what had happened?

"Hello, Mummy," greeted Barry happily.

"Had a hard day, Mary?" asked Jack, seeing the lines of worry on her face.

"Oh, Daddy! do forget about the office just now and let's eat supper."

Jack and Barry ate heartily and in high spirits. How could she spoil that feeling of gaiety which was all too rare in their home. She choked back her tears and forced herself to eat and to answer their questions lightly.

"Mary, how would you like to go to the opera tonight?" asked Jack suddenly.

"Opera! Opera!" Mary sobbed half hysterically, unable to control herself any longer. "Jack, how can you talk of the opera when I've been fired?"

"Oh, Mummy, please don't cry," begged Barry. "It won't do any good; besides you don't have to pay for the tickets. My music teacher sent them. Promise you'll go, and take Daddy."

"All right, Barry, I'll go," she promised, reflecting that it would probably be the last time she would ever have the chance.

"Im going to stay home, Mummy," ventured Barry. "I need to practice my music lesson for tomorrow, it's an exceptionally hard one."

"Stay home alone?"



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"Of course, I'm grown up now. I'm almost fifteen."

"But wouldn't you like to see the opera?"

"Oh, I'm not particular. I'd much rather practice."

Jack and Mary arrived at the opera in good time.

"May I help you, sir?" asked the attendant courteously, taking Jack's arm and helping him carefully into the box.

"It was good of the professor, Jack," Mary said. "These are the best seats in the house."

Jack squared his shoulders. "It's like old times, isn't it?" he said.

At that moment the curtain went up and the manager came to the front of the stage.

"Ladies and gentlemen," he said. "We beg to announce that our leading violinist, owing to ill-health, is unable to attend tonight, but the management is proud to present to you, one for whom the greatest musicians prophecy a brilliant future, and one whom we know you will never forget. Ladies and gentlemen," the manager paused for a moment, and turned slightly. "John Charles Bartholemew Freeman," he finished.

And out of the wings on to the great lighted stage stepped little Barry.

PERSONAL HYGIENE

KATE S. BRIGHTY,

(Supt. Public Health, Nursing Branch)

Mrs. Bell has asked me for a resume of the talk I gave to the A.W.I.G.C.'s at Olds last July. Do you know, I find it exceedingly difficult, for we seemed to talk about such a lot of things, what I should call, odds and ends, reminding one of a girl's top bureau drawer, filled with useful things; attractive things and things perhaps that could be discarded; and some that might find a useful place if they were given away to the right person.

Do you remember, we talked a little about "Posture of the Body and Posture of the Mind." How to hold oneself well physically, and how to think rightly. Then we discussed a little about "Personal Hygiene"—bathing and usefulness of water over the entire body, the pleasant feeling of clean clothing, the pleasure it gives, not only to ourselves, but to those about us. Then, there was a word about the responsibility that all girls have in their behaviour towards boys, and the young men they meet and associate with, especially during their hours of recreation. You know, we look upon boys as the possible bread-winners and supporters of homes, but boys look upon the girls they know as representing their standards of all that is highest and best in life.

I am sure you fully appreciate that I cannot write down to the full extent the approach to this attitude that I wish to convey to you. Bear in mind, however, these beautiful lines of Tennyson that I left with you:

Self reverence, self knowledge and self control,
These three alone lead life to sovereign power."

My best greetings to you all.



THE THEATRE IN LIFE

By ELIZABETH STERLING HAYNES

"The spirit of a nation, if it is to find full expression, must include a national drama."—Bessborough, 1933.

The interest in community play-acting is so consistently general that it strikes people as being surprisingly new.

When one considers, however, that drama had its inception in the natural vigor and vitality of rural and village life, it seems only reasonable that after the last quarter century of elaborate, artificial and highly commercialized show houses, it should go back to the source from whence it sprang to be refreshed, revived and strengthened. The money changer's theatre is an elaborately housed institution, but the people's theatre is an ageless idea, springing ever fresh from the hearts of humanity. Consequently the feeling one has in teaching the technique of theatrical art is not so much that of teaching a new art as assisting at a renaissance of an old one.

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Drama is a great art only insofar as it succeeds in identifying the individual with his fellow men. Through this universal art it is possible for humanity to achieve a great basis of democratic wisdom.

For drama is not as the other arts—a painter can work at his easel alone, a sculptor may chisel his marble in solitude, and a composer needs only himself and his instrument to achieve his solemn mystery. But drama is communal and composite. It needs a playwright, an initiator, craftsmen, and an audience, before it can begin to fulfil its glorious appointment with life.

A volume could be written about the influence of plays on community life. The reading and interpretation of Drama constitutes one of the most potent impulses towards the establishment of a more unified culture. It affords a stimulus to intellectual activity and discussion. It develops in its participants a more intense consciousness of man's struggles for truth, a deeper appreciation of beauty, a more discriminating evaluation of life. It quickens the interest, heightens the perceptions and broadens the outlook of those who make it an integral part of community life.

Walter de la Mare has said, "The world is any man's; and apparently inexhaustible, but all that we know of it is what has been transmuted in the substance of the mind. We make of it what we imagine." The Community Theatre, more than any other medium of expression, can enrich the imaginative experience of those who take part in it, and because of its alliance with the arts of music and the dance, of poetry and of painting, it may become an active stimulus to creative activity in any of those fields. With each new age Drama has taken on new aspects; it has known defeat and exaltation, shame and triumph, but from the beginning its highest purpose has been that of a revelator of the life and soul of man.

In Alberta in the past two or three years the interest in the community theatre has been keen. In a world of uncertainty people are turning more and more to those things which have a permanent value and they are discovering anew the fascination of the theatre. They have found that a lasting pleasure is to be gained from the interpretation of plays that possess significance and beauty. They have found, too, that such plays can be done simply, without elaborate equipment of scenery and costume; that it is possible to achieve effects of great beauty through the thoughtful employment of simple materials.

There has been, too, in this province a growing realization of the place of drama in the schools, and it is from the schools that we may expect a great impetus towards the establishment of a vital national drama. It is necessary that leaders in community theatres should have

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a developed appreciation of great drama, a sympathetic and sound comprehension of life, and technical proficiency that will enable them to interpret a play with sincerity and insight. If the student has the opportunity to attain these qualities in school or college, he will bring to his community something for which there is a crying need. He will prove that the effort expended in producing a play that provokes thought, that has power and beauty, whether it be comedy, tragedy, or melodrama, is not lost, but gives rise to a renewed appreciation of living; that the production of such plays engenders thought and interest in the problems of economics, government, philosophy, morals, religion, world citizenship, for such is the stuff that modern drama is made of—just as it is the stuff that modern life is made of.

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PERSONAL RELATIONSHIP

Talk by Miss C. McIntyre

There is a great need of living together in the family AND IN THE COMMUNITY without friction.

Let us ask ourselves "What is a home?"

There are vital reasons for studying family life (a generation ago it was not so important that we study family life), i.e., changing social order, more leisure, also economic order changing—the high tempo at which we live.

A family is more than a group of father, mother, brothers and sisters; there are varying personalities, and one cannot use the same methods for all children.

To be able to get along well with people is important if the individual is going to be successful; one must get the other person's point of view; not necessarily submerging one's self, but having consideration and tolerance.

Insecurity is at the base of most wrong behaviour; people are selfish because, in order to bolster themselves up they have to have material things; they hurt others' feelings because they feel insecure themselves.

Beware of angry words, hurt feelings; having a "chip on one's shoulder."

Keeping up with the Jones is not necessary for happiness. After all, they are likely keeping up with other super-people.

Fear is a devastating force; there are only two natural fears: (1) the fear of falling, and (2) fear of a loud noise. All other fears have been learned from someone.

Relaxation is most important. We all are wrought up to a high pitch of tension; nervous excitement often results. Here are some exercises for relief from tension: Sleep! It is necessary to have a number of hours of sleep every night. One week's loss of sleep will kill any of us. "Cheat sleep if you dare."

There are weighty problems before youth; careers; conduct with boys; marriage. Each was discussed in a fitting manner. Then Miss McIntyre gave a resume of the book by Miss Dorothea Brande, "Wake Up and Live." From this book she gave the ten rules for success:

1. Spend one hour daily without saying anything except in answer to direct questions.

2. Learn to think for half an hour daily exclusively on one subject—simple concentration. To test this exercise, use paper and pencil, making a slight black mark on the paper whenever you find your mind slipping.

3. Write a letter without once using the following words: "I, me, my, mine." Make it interesting. If the recipient of the letter notices anything odd about it, the exercise has failed.

4. Talk for 15 minutes daily without using "I, me, my, mine."

5. Write a letter daily in a successful or pleased tone; no mis-statements are allowed, no posing, no lying.

6. Keep a new acquaintance talking about himself without allowing him to become conscious of what you are doing. Turn back at first any courteous reciprocal questions in such a way that your auditor does not feel rebuffed.

7. Talk exclusively about yourself and your interests without complaining, boasting or (if possible) making any comparisons. Act as if it were impossible to fail.

8. Plan two hours daily and live according to the plan. Make a schedule for reading paper; opening mail, writing letters, filing papers, etc., and turn from one activity to the next, not at the approximate moment of the schedule, but at the exact moment. If you are half-way through the newspaper that is very sad, but down it must go!

9. Arrange to put yourself into situations where you must act non-habitually; where you must adapt yourself. You might put commands on slips of paper and place in an envelope and draw out every other week, or let it last a month, as "Say nothing at all except in answer to questions" or "Go two miles from home without ordinary conveyance."

10. From time to time give yourself a day on which you say "Yes" to every request made of you which is at all reasonable.

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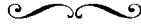
PERSONALITY QUESTIONNAIRE

Girls are eager to correct weaknesses when they learn of them. The following questions will help you to determine whether or not you are weak in some particular characteristics. Any one of these questions which cannot be answered with "Yes" shows that you are weak in that characteristic and need to strengthen yourself:—

1. Do you control your temper, and not fly off the handle when things go wrong?
2. Do you think for yourself, and not let the opinions of others unduly influence you?
3. Do you keep your head in an emergency?
4. Do you remain calm under adverse criticism?
5. Are you patient in dealing with people who are hard to please?
6. Are you able to express your own ideas without causing others to feel that you are overbearing and narrow-minded?
7. When talking to superiors do you feel free from embarrassment?
8. Do you retain your friendships?
9. Are you cheerful?
10. Do you refuse to quarrel about petty things?
11. Do your co-workers respect you and work with you cheerfully?

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12. Does untidiness irritate you?
13. Are you sympathetic?
14. Are you public spirited?
15. Can you be happy in the drudgeries of life?
16. Can you be happy alone?
17. Are you a friend of the weak?
18. Are you happier in the presence of beauty than in the
presence of ugliness?
19. Is your conversation free from gossip?
20. Are you grateful for the opportunities that have come
to you?
21. Are you forgiving?
22. Are you unselfish?
23. Can you give a fair decision for someone that you may
not find congenial?
24. Can you see both sides of a situation?

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Scholarships from Surplus Wheat Board Funds

Announcement was made early in January by the Honourable W. N. Chant, Minister of Agriculture for Alberta, that certain scholarships have been set aside from the "Surplus Wheat Board Funds" to assist worthy young men and women from our rural districts in meeting the expenses of courses at the Schools of Agriculture, and at the College of Agriculture, University of Alberta.

These surplus funds have no connection whatever with the Federal Wheat Board which is functioning at the present time. They are funds handed down from the old Canadian Wheat Board which operated during and for a time following the Great War. When this Board ceased to function surplus funds had accumulated and in 1925 these surplus monies were turned over to the Provinces by the Federal Government in proportion to the amount of business that each Province had transacted with the Board.

"The Wheat Board Money Trust Act", which was passed by the Alberta legislature in 1926, and subsequent amendments to the Act of 1927 and 1930, provide for administration of the fund through a Board of Trustees, of which the Minister of Agriculture is automatically a member. Under Section 4 of the 1927 amendment, the Board may make grants out of the said sum of money and the interest thereon to provide prizes or scholarships, and has power to make regulations as to the method and conditions of awarding same.

Membership of the present Board of Trustees is as follows:—The Hon. W. N. Chant, Minister of Agriculture (Chairman); Dean E. A. Howes, University of Alberta; Mr. Richard Ballhorn, Wetaskiwin. At a meeting of this Board early in the year, scholarships as listed below were approved to encourage farm young people of outstanding merit in pursuing courses of instruction at Provincial Agricultural Institutions.

Scholarships—

Six scholarships of \$75.00 each to proficiency winners in Junior Farm Club work, toward expenses of the First Year Course at the Schools of Agriculture, one scholarship being allotted to wheat clubs, one to oat and barley clubs combined, two to swine clubs, one to beef clubs, one to dairy clubs.

Four scholarships of \$75.00 each to proficiency winners (two boys and two girls), at School Fair Short Courses, toward expenses of the First Year Course at the Schools of Agriculture.

Two scholarships of \$75.00 each to proficiency winners (one boy and one girl), at the University Young People's Short Course, toward expenses of the First Year Course at the Schools of Agriculture.

Four scholarships of \$75.00 each to proficiency winners in First Year Work at the Schools of Agriculture (one boy and one girl at each school), toward expenses of the Second Year Course.

Ten scholarships of \$100.00 each to proficiency winners in Second Year Work at the Schools of Agriculture (five boys at each school), toward expenses of the course in Agriculture at the University of Alberta.

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THINK THIS OVER

By A. B. MACKAY,

Pres., Western Division, Canadian Automobile Association.

The man who lives in the city or town is the one and only economic friend of the farmer. The urban people are the only buyers of all farm produce. One farmer can sell little or nothing to another farmer. This is startling but it is true. Right thinking for Western Canada and sound policies for winning prosperity are properly based on that all important economic truth.

It follows that if urban population can be increased the buyers of farm produce will be increased and that means prosperity for farmers if the increase of buyers is large enough.

Can the consumers of farm produce, the buyers, be increased in Western Canada? They assuredly can. Look over the fence! You will see one hundred and forty million people, including farmers, south of the line. They are all on wheels. Every one of them who motors in Canada must bring his stomach with him. He cannot help himself; he becomes a buyer of Canadian farm produce. You can bring to Alberta many millions of these buyers of farm produce every summer.

Remember Alberta has only three quarters of one million people, including many farm producers. All Canada has only eleven million. Why not double or treble the consumers here of farm produce?

All farmers have to do, is to see these plain facts. Happy days will be here for them when they elect representatives who will build the required modern main highways out of the gas tax and motor license fees to enable these millions of consumers to come and buy farm produce.



HOW TO MAKE "CHARACTER" DOLLS

Miss Warren, Egmont, Castle Hill, Duffield, Derby.

The fascination of doll dressing does not belong to any particular stage of growth. A child will be happy making garments with the most unpromising materials, with little regard for anything but that "dolly" should be dressed. Older children will enjoy cutting and stitching the little garments and may, incidentally, learn a good deal from their experiments; while grown-up people often so thoroughly enjoy dressing dolls that they gain, thereby, as much pleasure as they give.

In another category is the production of the little figures that are not exactly toys, but which exist chiefly to display costumes, or to represent characters, or are simply rich and decorative figures like those to be seen at Liberty's.

The imagination and skill required in making and dressing these figures are considerable. It is a delightful occupation and, in addition to this, it is capable of being made really useful in connection with dramatic work and puppet shows.

In dressing character dolls, the construction of the figure, with suitable head and proportionate limbs, is the first consideration. The framework is simple in construction, while the head, which is the more difficult part, may be made in various ways, according to the skill of the worker.

The materials required for the framework and body are: wire, cotton, wool, newspaper, paste, wooden matches and fine wire. For the hands and feet, silk stocking material in flesh colour will be required and, for the head modelling clay or some plastic material. If the head is made of soft material and stuffed, the covering will be the silk stocking fabric, like the hands and feet.

The wire for the frame is obtained at a hardware store and is sold by weight, a quarter of a pound costing a few pence, the size, gauge 16. It may be either galvanized iron or copper wire but the latter is preferable. Fine florist's wire is used instead of thread, as the ends can be more easily fastened together.

The paste should be of moderate consistency, and is most easily made with the powder specially made for paperhangers' work.

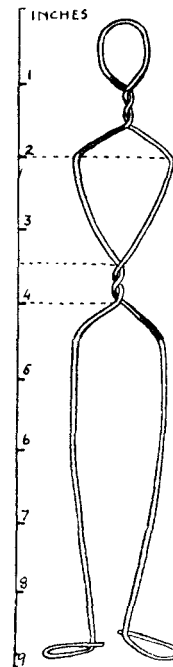
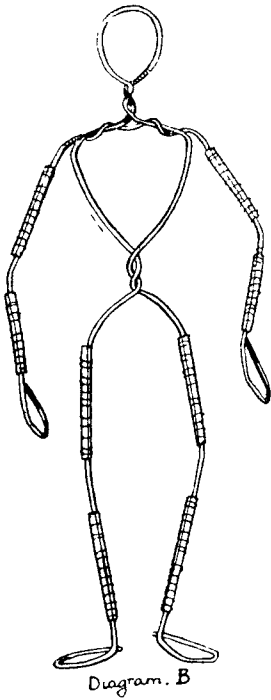


Diagram A



The only tools required are wire-cutters and a tape measure, and, for modelling, an orange-wood stick or any smooth wooden tool of similar size.

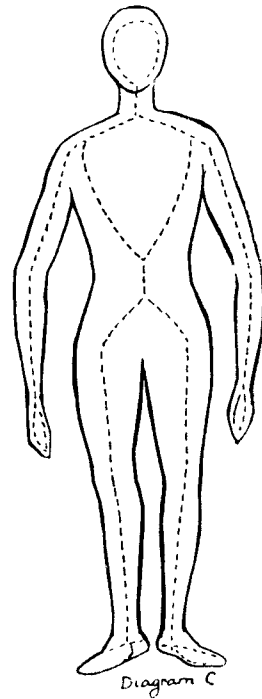
For the wire frame or skeleton, for a figure nine inches high, take a piece of wire measuring about twenty-five inches. Bend this near the middle to make a loop over a tight ball of cotton wool about the size of a thimble. Twist tightly together to make the neck, under the ball of wool. Then separate and spread out the wires to make the shoulders, and twist tightly together again for the waist. The ends of the wire should be trimmed to equal length and then be turned up to make the feet.

For the arms, a length of eighteen inches of wire is required. This is twisted about the shoulders, with an equal length on either side, and the ends are turned in for hands. See diagrams A and B.

Sheets of newspaper folded in four thicknesses should be torn in strips. This tearing need not be very exact and the strips are better torn than cut: they should be about an average width of half an inch and as long as possible. This paper should be kept soaking in warm water, and should be taken up in handfuls and squeezed out, as required.

The larger wooden matches are the best and may be easily cut to the right length as they are needed.

For the head a modelling clay is used, called "Potta Clay." It is obtained from the Dryad Works, Leicester, and comes in a tin in good condition for immediate use: it costs 2s. per tin. The advantages of this clay are that it will not crack or shrink in drying and that it will take either water-colour or oil paint satisfactorily.



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This wire frame must be well proportioned. It is especially necessary to place the waist in the right position, and to have the neck and shoulders the right length. For a woman's figure, the body should be shorter in proportion than that of the male, and the shoulders narrower and slightly more sloping. Hands and feet should be kept small.

To make elbows and knees, wooden matches are fastened with fine wire to the upper and lower parts of the arms and legs, leaving space at the joints for free movement. See diagram B.

To cover the wire frame, the soaked paper, paste and cotton wool will be required. The paper should be pressed free from moisture and, if handled carefully, will separate into strips, as it was torn (of four thicknesses).

The body may have a core of cotton wool which should be as firm as possible, and can be bound to the frame with fine wire. The strips of paper are wound round the body from the shoulders downwards, thinly over the shoulder wires and solidly over the body and waist.

As the strips are put on they are damped with paste so that paper and paste adhere as they do in papier mache work. The legs are continued from the body and should be bound firmly at the hips; the arms should be bound in the same way at the shoulders. See diagram C.

The wire hands and feet are covered later with folded silk stocking material, stitched neatly at the wrists and ankles.

The paper-covered frame must be allowed to dry very thoroughly and should then be firm and light in weight. The joints should not be moved too freely or the paper will break, but a fair amount of movement will be possible.

For the head, cover the core of cotton wool and the neck with clay, and block out roughly the general shape and size. Then with the fingers, shape the features, and finish with the small wooden tool. This is, of course, the most difficult part of the work but the beginner should not be discouraged. The details matter less than the proportion of the features, and an indication of these features may be supplemented afterwards by paint, to give the right effect.

A photograph or illustration will often help to suggest the modelling, and it should be remembered that there is generally a tendency to make the features too large.

A damp cloth will help to keep the fingers and tools in good condition for working, and, when finished, the clay should be allowed to dry naturally. It becomes lighter in colour when dry, and can then be coloured with water-colour paint. Chinese white, vermilion and yellow ochre will give the necessary flesh colour, and it must be remembered that the colour looks lighter when dry.

An easier way of making the head is to cover a ball of cotton wool with the flesh-coloured stocking material and to paint the features, or stitch them with suitable thread. The cotton wool can be bound to the wire core of the head with thread, and the stocking material can be stretched to cover the face and neck smoothly, and stitched firmly at the back. The cotton wool ball should be moulded to show chin and neck, and, before the silk is stretched over the face, an indication of a nose and slight hollows for the eyes may be formed.

Hair may be represented on this kind of head with wool which may be stitched in loops round the head, beginning with the lowest part of the back and continuing in rings to the crown. The loops may be cut and the ends trimmed as required.

The head made of clay may have a wig made of thin cotton material, with loops of thread arranged in a similar way. When finished, the wig may be fastened to the head with seccotine. If a hat is worn, the hair may be stitched to the edge of the hat and the whole fastened with gum to the head.

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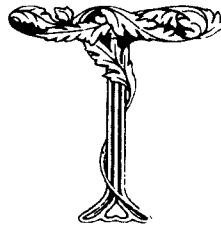
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Large Attendance at W.I. Girls' Club District Meeting

Those in attendance at the opening session of the W.I. Girls' Club Conference of District No. 4, held in the Marquis Hotel, included:

Betty Thompson, Coaldale; Florence Current, Manyberries; Jane Popham, Barons; Supervisor Mrs. E. J. Bell, Hussar; Irene Davison, Nobleford; Maude Currie, Nobleford; Luella Currie, Nobleford; Blanche Brown, Nobleford; Dora Shields, New Dayton; Laura Warner, Warner; Mrs. Dean Holroyd, Warner; Mrs. H. Shields, New Dayton; Dorothy Glasser, Diamond City; Margaret Tedesco, Diamond City; Venna Bates, Diamond City; Annie Balanyk, Diamond City; Kathryn Thomas, Milk River; Mildred Kuhl, Milk River; Phyllis Ritchie, Coaldale; Lorna Pearson, Coaldale; Margaret Greer, Coaldale; Elma Greer, Coaldale; Marie Ritchie, Coaldale; Lois Tomfohr, Milk River; Elsie Bellew, Milk River; Mrs. Ford, Milk River; Beth Madge, Milk River; Ethelna Bellew, Milk River; Frances Bellew, Milk River; Leona Martin, Coutts; Margaret Fuller, Coutts; Marion Coover, Coutts; Jean Young, Coutts; Ruth Popham, Barons; Gladys Sorgard, Turin; Lillian Holthe, Turin; Audrey Koepke, Picture Butte; Lucille Baker, Picture Butte; Elva Easterbrook, Lethbridge; Florence Turner, Barons; Nona Turner, Barons; Gwen Taylor, Barons; Dorothy McIntyre, Barons; Mrs. A. Jacobson, Barons; Miss Helen Jacobson, Barons; Mrs. E. Allen, Barons; Dorothy Corey, Coaldale; Audrey Knapp, Coaldale; Lithan Larson, Coaldale; Evelyn Larson, Coaldale; Rose Peck, Coaldale; Mabel Hummel, Milk River.



Girls' Club of Women's Institute Meet in 8th Annual Conference in Lethbridge

Mrs. E. J. Bell, of Hussar, Provincial Supervisor, in Attendance at

OPENING SESSION

The Eighth Annual District No. 4 Conference of the Women's Institute Girls' Club opened in the Marquis Hotel, with Miss Florence Current, Manyberries, Director of District No. 4, in charge of the meeting.

Following the opening exercises, community singing was led by Elva Easterbrook, with Betty Thompson as pianist.

Miss Margaret Greer, of Coaldale, was chosen as the secretary of the 1937 Conference.

Miss Current extended greetings to the Conference, and Miss Thompson gave an interesting talk on Cultural Sports, advocating the short play as a means of self expression. Debates, essays, demonstrations, reading, public speaking, music, and so forth were also recommended.

Mrs. E. J. Bell, Provincial Supervisor, gave a short address, bringing to attention the annual short story contest, the public speaking contest, demonstrations at convention.

The minutes of the 1936 Conference were read and approved.

Miss Florence Current, District Director, gave a short address on Wisdom, followed by greetings and a short address by Jane Popham, Publicity Convener. Leona Martin, of Coutts, rendered a beautiful vocal solo, "The Kerry Dance," with Betty Thompson as accompanist.

CLUB REPORTS

Reports of individual clubs were then given. The Jolly Joker Club report was given by Blanche Brown; Coutts report was given by Marion Cover; Coutts Senior report by Margaret Fuller; Milk River Golden Hope report by Elsie Bellew; K.K.K. Coaldale report by Elma Greer; Deed-a-Day, Warner, report by Laura Warner; Diamonettes, Diamond City, report by Betty Bates.

A special number, a vocal solo, "When My Dream Boat Comes Home," was given by Blanche Brown, accompanied by Betty Thompson.

Reports were continued with the Golden Grain Club, New Dayton, reported by Dora Shields, and East Garden Prairie, Barons, reported by Gwen Taylor.

Following these reports, the girls adjourned to the main hall for a demonstration on make-up by Miss Robson, of Lethbridge.

The afternoon session of the Conference continued, several more members registering.

Mrs. F. G. Grevett spoke on the magazine project, which is under her Editorship, and urged the Girls' Clubs to make good use of the magazine, and give their loyal support to our advertisers.

Mrs. D. Clark, of Cluny, gave an interesting talk on "Enthusiasm" in keeping with the Conference theme of "Wisdom." She quoted Edna Jacques, and gave her life as an example of enthusiasm and zeal, determination and courage, which has gained for her public recognition of her work.

Branch reports were given by Vera Brown, of West Garden Prairie, Barons. Kathleen Honey, of Picture Butte, read the report of Lethbridge Northernr Busy Bees; Gladys Sorgard, Turin, give The Turin Toilers, and Glorence Current the Manyberries Club reports.

Following these reports the girls had a joint session with District No. 4 W.I., followed by the banquet and theatre party in the evening.

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